

Groepslesrooster Weert



| Maandag | Dinsdag | Woensdag | Donderdag | Vrijdag | Zaterdag | Zondag |
|--|--|---|---|---|---|---|
| 06:30 - 09:00 VIRTUEEL: eigen keuze | 06:30 - 18:30 VIRTUEEL: eigen keuze | 06:30 - 13:30 VIRTUEEL: eigen keuze | 06:30 - 09:00 VIRTUEEL: eigen keuze | 06:30 - 09:00 VIRTUEEL: eigen keuze | 09:00 - 22:00 VIRTUEEL: eigen keuze | 09:00 - 10:00 VIRTUEEL: eigen keuze |
| 09:00 - 10:00 Fit&Flex | 18:30 - 19:30 Les Mills Body Pump | 13:30 - 14:15 Kids Boxing 6 t/m 9 | 09:00 - 10:00 Zumba | 09:00 - 09:45 Les Mills Body Pump | 09:30 - 10:00 FunXtion: Move it | 10:00 - 11:00 Les Mills Body Pump |
| 09:00 - 10:00 Les Mills Body Pump | 19:30 - 20:30 Les Mills Body Balance | 14:15 - 19:00 VIRTUEEL: eigen keuze | 10:00 - 18:30 VIRTUEEL: eigen keuze | 10:00 - 11:00 Zumba | 10:00 - 10:30 FunXtion: Absolutely Core | 10:00 - 10:30 FunXtion: SURPRISE! |
| 10:00 - 11:00 Les Mills Body Balance | 20:30 - 21:30 Zumba | 18:30 - 19:00 FunXtion: Absolutely Core | 18:30 - 19:30 Crosspower Kids | 11:00 - 23:00 VIRTUEEL: eigen keuze | 10:30 - 11:30 Cross Power | 11:00 - 12:00 Les Mills Body Attack |
| 11:00 - 19:30 VIRTUEEL: eigen keuze | 21:30 - 23:00 VIRTUEEL: eigen keuze | 19:00 - 20:00 Les Mills Body Attack | 19:30 - 20:30 Cross Power | 19:00 - 19:30 Virtueel: CxWorx | | 12:00 - 22:00 VIRTUEEL: eigen keuze |
| 18:30 - 19:30 Crosspower Kids | | 19:00 - 19:30 FunXtion: Move it | 20:30 - 22:00 Boxing | 19:30 - 20:15 Virtueel: BodyPump 45 min | | |
| 19:00 - 20:00 Cross power | | 20:00 - 21:00 Les Mills Body Balance | 22:00 - 23:00 VIRTUEEL: eigen keuze | | | |
| 19:30 - 20:30 Les Mills SH'Bam | | 21:00 - 23:00 VIRTUEEL: eigen keuze | | | | |
| 20:30 - 22:00 Boxing | | | | | | |
| 22:00 - 23:00 VIRTUEEL: eigen keuze | | | | | | |
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